

# Prepare today for a brighter tomorrow!

## Your local Adult Learning Center will: Evaluate

- your skills in the areas of reading, math, and English

## Place

- you in a program of study which will help you deal more effectively with everyday situations

*Accommodations are provided for documented disabilities.*

- choosing your child's school
- understanding utility bills
- getting the most from your doctor's appointment

*These are practical problems we face everyday. Let adult education help you!*

## Attend an Adult Learning Center and learn to:

### Make decisions

- weigh alternatives *before* taking action

### Manage your time

- prioritize tasks
- develop a personal action plan
- delegate tasks
- evaluate effective use of your time

### Develop social skills

- become a leader
- become an *active* member of a team
- accept responsibility
- develop steps for problem solving
- share skills with others
- recognize and explain feelings and thoughts
- understand the effect your feelings and thoughts have on others
- strengthen the bond with your children and family

Adult Basic Education can help you:

Obtain computer skills

Participate in work-readiness programs

Prepare for the GED Exam

Participate in online study to prepare you for the GED Exam or enhance your basic skills

Prepare for college entrance exams

Learn to read

Enhance your basic skills

Learn to make decisions, manage your time, develop social skills

Prepare for citizenship

Learn English as a Second Language



*Don't delay,  
Call today!*

Decide,  
Commit,  
Succeed!

*If you are 16 years of age or older,  
not enrolled in public school, and  
would like to find out more . . .*

Call the  
**Adult Education Hotline**  
and get started today!



**1-800-642-2670**

All programs and materials are provided free of charge.



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DEPARTMENT OF  
EDUCATION

Keep your life  
on track



*Building Skills for Success*  
*WV Adult Basic Education*

West Virginia Department of Education  
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Call 1-800-642-2670  
[www.wvabe.org](http://www.wvabe.org)