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NAEPDC

News, Views, and Clues

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Link between Education and Health

The links between health and education are complex, closely tied to income, skills and opportunities. The Virginia Commonwealth University Center on Society and Health with support from the Robert Wood Johnson Foundation just released an excellent report on the issue.

Key Findings:

- **Education creates opportunities for better health.** Americans with more education are more likely to have jobs with higher earnings; live in communities with more resources like greater schools and access to nutritious food, health services, and transportation; and acquire knowledge and skills to support healthier behaviors.
- **Poor health puts educational attainment at risk.** Poor health can also cause educational setbacks starting at a young age. For example, children with chronic illnesses like asthma and other chronic illnesses may experience recurrent absences and difficulty concentrating in class.
- **Certain conditions—especially beginning in early childhood—affect both health *and* education.** Factors like a person's socioeconomic status or home environment can create stress, cause illness, and deprive individuals and families of resources for success in school, the workplace, and healthy living.

A copy of the report can be found at: http://www.rwjf.org/content/dam/farm/reports/issue_briefs/2014/rwjf412692

Reported in Fritzwire.

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Keep up the good work. Let me know when we can help.

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